

T.R.E.A.D. TO THE SUMMIT

THE NEUROSCIENCE OF LEADERSHIP WORKSHOP

Balanced-Brain Leadership for Peak Performance

Join me in September for an interactive, informative, fast-paced day of neuroscience for personal and professional leadership.

The day will include the half-day version of my **NeuroLeadership TREAD programme** - How to Think, Regulate, Engage, Adapt and Develop self and others with the brain in mind.

THINK Maximise cognitive and creative thinking abilities

REGULATE Build your resilience through emotion and stress management strategies and neuro-coaching for peak performance

ENGAGE Positively influence and motivate through emotion contagion

ADAPT Change your thinking, habits and outcomes and be more adaptive

DEVELOP Brain-based coaching and feedback skills for development of team member or client

In addition, you will be able to complete a balanced brain self-assessment to determine the areas of strength and potential development in the areas listed above.

NeuroLeadership Summit (June 2013)

The workshop will also include an overview presentation of the highlights of the *NeuroLeadership Summit Sydney* including topics such as Breaking Bias, Accelerating Wisdom and Mental Stamina.

FRIDAY 13 SEPTEMBER 2013

9AM-5PM

CLIFTON'S SYDNEY

LEVEL 13 / 60 MARGARET ST, SYDNEY

PRICING

FULL DAY WORKSHOP \$595.00

EARLY BIRD RATE* \$495.00

(*register before 9 August 2013)

2 PERSON PACKAGE \$795.00

REGISTRATION

For more information contact Kristen Hansen
kristen@enhansenperformance.com.au
To make a booking contact Kay Hansen
kay@enhansenperformance.com.au



ABOUT YOUR PRESENTER KRISTEN HANSEN

Kristen Hansen, the Director of EnHansen Performance completed a Post Graduate Certificate in Neuroscience of Leadership through Middlesex University, UK.

Coupled with 20 years management experience in Sales Management Positions for Australian Corporations and 7 years as a Leadership and Executive Coach, Kristen has developed workshops and presentations that transform personal and professional leadership performance.